

SCRYPT

CAFE | BAR



Light Bites

Pork and Black Pepper Sausage Roll

Served with Ballymaloe Relish 1,2,3
€2.80

Chickpea and Feta Roll (V)

Served with Ballymaloe Relish 1,2,3
€3.20

-Add a side salad €1.50

Tomato Bruschetta (V)

Toasted Sourdough topped with Garlic, Chopped Tomatoes, Olive Oil, Oregano and drizzled with Basil Pesto 1
€4.50

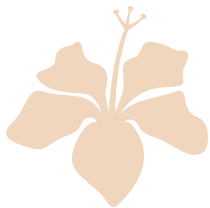
Tomato and Avocado Bruschetta (V)

Toasted Sourdough topped with Garlic, Chopped Tomatoes, Avocado pieces, Olive Oil, Oregano and drizzled with Basil Pesto 1
€5.50

-Add Crumbled Feta to Bruschetta €1.00

Soup of the Day

Served with Brown Bread 1
€4.50



"Gluten Free Bread Available"

Salads

Goats Cheese, Beetroot and Walnut Salad

Cooleeney Goats Cheese served on a Bed of Mixed Leaves with Beetroot, Cherry Tomatoes, Red Onion, Walnuts and a Honey Balsamic Dressing 2,4
€8.50

Greek Style Salad

Mixed Leaf Salad with Feta Pieces, Olives, Red Onion, Cherry Tomatoes, Cucumber Pieces, with a Greek style dressing 2
€8.50

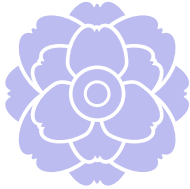


Solano Chicken Salad

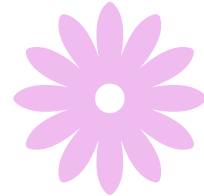
Poached Chicken Breast on a bed of Cos Lettuce, Avocados, Cherry Tomatoes, Garlic Croutons and Pumpkin Seeds with a Honey Mustard Dressing 6
€9.50

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Sandwiches/Wraps



(All served with a Side of Crisps)

Cajun Chicken Wrap

Cajun Spiced Chicken Breast Pieces with Mayo, Iceberg Lettuce and Avocado in a soft Tortilla Wrap^{1,3}
€7.00

Spiced Beef Reuben Sandwich

Locally Produced Spiced Beef with Sliced Gherkins, Mayo, Mustard and Mixed Leaves^{1,3,6}
€7.50

Toastie (V Option without Ham)

Classic Local Baked Ham, Dubliner Cheddar, Tomato and Onion Toasted on Sourdough Bread ^{1,2}
€6.00

Goats Cheese and Beetroot Wrap(V)

Soft Tortilla Wrap with Crumbed Goats Cheese, Beetroot, Walnuts, and Mixed Leaves^{1,2,4}
€7.00

Falafel Wrap(V)

Homemade Falafel with Hummus, Pesto, Red Onion, and Mixed Leaves in a Soft Tortilla Wrap^{1,4}
€6.50

Food Allergens:

1. Gluten	2. Milk	3. Eggs	4. Nuts	5. Celery	6. Mustard	7. Crustaceans	8. Fish
9. Soya	10. Peanuts	11. Molluscs	12. Sesame	13. Sulphur Dioxide	14. Lupin		

Some Local Suppliers:

The Chicken Inn, English Market

Alternative Bread Company, English Market

Cooleeney Cheese

Brian St Ledger Fruit and Veg

Thank You
Have a Great Day

